

## SUNDAY

**10:00AM 1HR Sunday Morning Freedom**, Acadana Cares, meeting room, 811 MLK St., Lafayette, LA, 70501 **(O,D)**

**5:00PM 1HR Brown Bag Group Funday**, 306 Taft St, 306 Taft St, Lafayette, LA, 70501 **(BT,BK)**

**6:00PM 1HR Serenity Group of NA**, Thensted Center, 268 Church street, Grand Coteau, LA, 70541 **(O,D)**

**7:00PM 1HR Providence Group**, First United Methodist Church, 232 West Saint Peter St., New Iberia, LA, 70560 **(O,D)**

**7:00PM 1HR Simplicity Group**, 411 Robley, Lafayette, LA, 70503 **(O,D)**

**8:00PM 1HR Freedom Group**, 145 Martin Luther King Jr. St., Lafayette, LA, 70501 **(O)**

## MONDAY

**NOON 1HR Brown Bag Group**, 306 East Taft St. A, Lafayette, LA, 70501 **(O,D)**

**NOON 1HR Providence Group**, 232 West saints peter st., New Iberia, LA, 70560

**6:00PM 1HR Joy In Restoration Group**, Heart To Heart Full Gospel Church, 420 N Landry Dr, New Iberia, LA, 70560 **(O,D,W,WC,NS)**

**7:00PM 1HR New Attitudes Group**, Covenant Methodost Chrch, 300 East Martial Ave, Lafayette, LA, 70508 **(O,D)**

**8:00PM 1HR Monday Night Freedom Group**, Acadiana Cares, 811 MLK St., Lafayette, LA, 70501 **(O,D)**

**8:00PM 1HR Providence Group**, First United Methodist Church, 232 West Saint Peter St., New Iberia, LA, 70560 **(O,D)**

## TUESDAY

**NOON 1HR Brown Bag group**, Great recovery Living facility, 306 East Taft St. A, Lafayette, LA, 70501 **(O,D)**

**7:00PM 1HR Simplicity Group**, 411 Robley, Lafayette, LA, 70503 **(O,D)**

**8:00PM 1HR Freedom Group**, 145 Martin Luther King Jr. St., Lafayette, LA, 70501 **(O,D)**

**8:00PM 1HR Providence Group**, 232 West Saint Peter St., New Iberia, LA, 70560 **(O,D)**

## WEDNESDAY

**NOON 1HR Brown Bag Group**, Great Recovery Living Facility, 306 East Taft St. A, Lafayette, LA, 70501 **(O,D)**

**NOON 1HR Inside Hope**, OPD, 318 North Court Sreet, Opelousas, LA, 70570 **(O,D)**

**8:00PM 1HR Providence Group**, 232 West Saint Peter St., New Iberia, LA, 70560 **(BT,BK,VM)**

## THURSDAY

**NOON 1HR Brown Bag Group**, 306 East Taft St. A, Lafayette, LA, 70501 **(O,D)**

**7:00PM 1.5HR Simplicity Group**, 411 Robley, Every 2nd thursdays meeting starts at 7:30pm, 411 Robley, Lafayette, LA, 70503 **(O,D)**

**8:00PM 1HR Freedom Group**, 145 Martin Luther King Jr. st., Lafayette, LA, 70501 **(O,D)**

## FRIDAY

**NOON 1HR Brown Bag Group**, Great Recovery Living Facility, 306 East Taft St. A, Lafayette, LA, 70504

**7:00PM 1HR New Attitudes Group**, Covenant Methodost Chrch, 300 East Martial Ave, Lafayette, LA, 70508 **(O,D,LT,HY)** *Every Last Friday Basic Text Study Night*

**7:00PM 1HR Serenity Group of NA**, Thensted Center, 268 Church street, Grand Coteau, LA, 70541 **(O,D)**

**8:00PM 1HR Freedom Group**, First Presbyterian Chrch, 1130 Johnston Street., Lafayette, LA, 70501 **(O,D)**

**8:00PM 1HR Providence Group**, First United Methodist Church, 232 West Saint Peter st., New Iberia, LA, 70560 **(O,D)**

## SATURDAY

**11:00AM 1HR A New Way of Life Group**, 411 Robley dr., Lafayette, LA, 70503 **(O,D,HY)**

**7:00PM 1HR Providence Group**, 232 West Saint Peter st., New Iberia, LA, 70560, LA, 70560 **(O,D)**

**7:00PM 1HR Simplicity Group**, 411 Robley, 411 Robley, Lafayette, LA, 70503 **(O,D)**

**8:00PM 1HR NA LIT RAP BOOKSTUDY GROUP**, Meeting ID: 461 014 9180 Passcode: 518986, Lafayette, LA, **(O,D,LT,VM)**

## MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
D	Discussion	HY	Hybrid
LT	Literature Study	NS	No Smoking
O	Open	VM	Virtual Meeting-Online/Phone
W	Women	WC	Wheelchair

## What Is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs.

There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms.

Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous.

After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

Reprinted from the White Booklet, Narcotics Anonymous. ©  
1986 by Narcotics Anonymous World Service, Inc

[illegible]

**What is our message?**  
The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.

Basic Text, *page 65*



## 24 HOUR HELPLINE

**1-585-DONT-USE**  
(1-585-366-8873)

**AASCNA Website**  
**<https://aascna.org>**

**Louisiana Region Website**  
**<https://larna.org>**

## SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what**  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 31